



Images: ScicSailing.eu

## Sail away

A week spent aboard an elegant and authentic Turkish gulet as you sail Turkey's Turquoise Coast may sound like every zen-lover's dream. But for those who want to do more than just work on their tan and reading list, a ScicSailing holiday also offers history-rich adventures.

This season's route (weather-dependant, of course) includes hiking on Gemiler Island amid the ruins of several ancient churches. Archaeologists believe the island to be the location of the original tomb of Saint Nicholas (Father Christmas). For nature-lovers, there's a morning "Jeep safari" to the Gombe plateau, and perhaps one of the

most beautiful excursions is a visit to the Sunken City of Kekova, located in a sheltered bay.

The water is so clear that the ruins can be seen easily in this breathtaking cove, which you can only explore in a boat, dinghy or sea kayak. While that may sound like a lot on your to-do list, there's plenty of down time to be enjoyed. That and knock-out food! Think Mediterranean flavours with lots of seafood and tasty vegetable dishes, like garlicky tomatoes and grilled aubergine and red peppers infused with the region's famous olive oil.

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